

# Top 10 Strengths

Understanding your personal strengths is key to understanding yourself and your purpose. Use this worksheet to clarify how you embody 10 of your most noticeable strengths.

Top 10 Strengths	Specific Ways You Show That Strength
Ex: Kind	Ex: Open doors, send encouraging note, complimented friend
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	