

Clarifying Values

My Father's Values:

- 1.
- 2.
- 3.

My Faith/Spiritual Values:

- 1.
- 2.
- 3.

My Mother's Values:

- 1.
- 2.
- 3.

Current Cultural Values:

- 1.
- 2.
- 3.

Values I Aspire to:

- 1.
- 2.
- 3.
- 4.
- 5.

Values I Actually Live Out:

- 1.
- 2.
- 3.
- 4.
- 5.